

Angelika Nemeth is very pleased to present one of Norway's Premiere *Raks Sharki* dancers

## Helene

In her first Southern California  
Workshop

**SUNDAY, MARCH 28**  
**1PM – 5:30PM**

Dance West Studio  
[www.dancewest.org](http://www.dancewest.org)  
4322 Katella Ave.  
Los Alamitos, California 90720



### **Workshop Topic: Egyptian Shaabi**

*Shaabi* refers to Egyptian working class popular music and dance

It's flirtatious, earthy, humorous and borderline risqué, but most of all fun!

This workshop concentrates on combos that will enhance your understanding of the style and it's cultural background giving you a foundation for more authentic expression.

The choreography to Hakim's, *Eh Elly Byeshal Dha*, will put a cheeky smile on your face!

Advance: \$65 (must be received by March 25)

At Door: \$75

Check/Money Order Payable to  
Angelika Nemeth, P.O. Box 4546, Irvine CA 92616  
949-786-3111 [www.AngelikaNemeth.com](http://www.AngelikaNemeth.com)

Helene Skaugen is one of the leading belly dancers and oriental choreographers in Norway and also a member of the exciting Divas of Bellydance. She runs Studio Orient, the largest oriental dance studio in Norway, and organizes the annual Oslo Oriental Dance Festival. She is currently one of the most media covered dancers in Norway and has made appearances on the first season of the Norwegian "So You Think You Can Dance" and the Norwegian "Dancing with the stars".

She has previously worked as a dancer in Turkey and has performed with international artists such as Ibrahim Tatlis. She is the first oriental dancer in Norway to have two music albums dedicated to her dance, "Helene's raks sharki" and "Helene's raks sharki vol 3" by the Mustapha Dahir Orchestra. She has also made the first instructional DVD with Norwegian speech, "Magedans med Helene".

You can read more  
about Helene at  
[www.helene.no](http://www.helene.no).

YouTube performances:

<http://www.youtube.com/watch?v=7b6Pq0M4t6o>

<http://www.youtube.com/watch?v=ouJF63Yfgdg>

<http://www.youtube.com/watch?v=0mAk6BiZs8A>

<http://www.youtube.com/watch?v=J54UNU0UpgM>

<http://www.youtube.com/watch?v=MY4ly4XfQ8c>