Lakshmi Shakti as Beauty & Abundance -Belly Dance Yoga

•Saturday Evening, Oct 13, 2018; 4:30-6:30pm

Angelika Nemeth and Nandini Narayanan



Yoga Shakti IRVINE STUDIO 4249 Campus Drive Irvine, CA 92612

Part of the Embodying Shakti -- Fall Festival Series

with Nandini Narayanan & Special Guests



A workshop series to celebrate life, energy and light! Similar to Yin-Yang, Shakti can be imagined as the feminine complement of Shiva or the masculine force of universal consciousness.



In this series we invite you to embody this life force energy, connect to your inner Shakti or power, dance with energy to ancient rhythms and movements, move to sounds of drums resonating eternal beats of universal energy, meditate on the scintillating sparkle of your inner light!





All levels welcome! No prior dance or yoga experience required!

Single Workshop \$45 <u>before early registration date 9/19</u>, \$50 afterwards.

Price for complete series: \$155 by 9/19, \$175 after.

Contact to register (949) 856-9642 or visit www.yogashaktistudio.com

for more information on Angelika, visit www.angelikanemeth.com